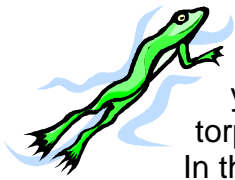


Exercise 6: Act Like...



Often times imagining a specific image (object, animal, person) can aid in your creation of images. You've probably heard your swim coach say something like "Streamline like a torpedo off the wall" or "Kick your legs like a frog in breaststroke." In the following space provided pick a skill you are working on in practice and choose an image to pair with that skill.



Skill:

Image:

How this image will help:

Skill:

Image:

How this image will help:

Skill:

Image:

How this image will help:
